

# Placenta Packages

## PLACENTA ENCAPSULATION FULL PACKAGE \$300

Encapsulation (TM Method), Broth, Tincture, Print, and Umbilical cord keepsake (includes placenta pick up and delivery within 24-48 hrs).

\*Complementary Holistic Pelvic Wellness For Postpartum

\*Raw Start Method only upon signed request

## PLACENTA ENCAPSULATION & ART \$275

Encapsulation (TM Method), Print and Umbilical cord Keepsake (includes placenta pick up and delivery within 24-48 hrs).

\*Complementary Holistic Pelvic Wellness For Postpartum

\*Additional fee for extra art colors

\*Raw Start Method only upon signed request

## PLACENTA ENCAPSULATION & TINCTURE \$260

Encapsulation (TM Method) and tincture (includes placenta pick up and delivery within 24-48 hrs).

\*Complementary Holistic Pelvic Wellness For Postpartum

\*Raw Start Method only upon signed request

## PLACENTA ENCAPSULATION ONLY \$250

Encapsulation (TM Method) and tincture (includes placenta pick up and delivery within 24-48 hrs).

\*Complementary Holistic Pelvic Wellness For Postpartum

\*Raw Start Method only upon signed request

### ADDS ON

- Extra print natural color \$10
- Extra print with colors \$15
- Extra Tincture \$15
- One Color \$3
- Two or more colors \$5

### DISCOUNTS

No Pick-Up Fee \$30 OFF

\*When clients drop and pick up placenta and capsules.

For more information

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PLACENTA  
*Services*



## Placenta Specialists

The Association of Placenta Preparation Arts (APPA)'s specialist encapsulators are specially trained to provide a safe service that complies with the OSHA and EPA sanitization standards and current research, thanks to very comprehensive and extensive training.

Dayana Harrison Birth Services has completed the Blood Borne Pathogens (BBP) Certification for Placenta Encapsulators and is a Placenta Specialist certified with the Association of Placenta Preparation Arts (APPA).

Her equipment is only used for placentas, she process only one placenta at a time, and she has a rigorous sanitation procedure and placenta processing protocol that complies with the above standards.

## Placenta Encapsulation



Clients can choose between the two main methods of preparing placenta encapsulation.

### I. TRADITIONAL METHOD (TM)

- Inspired in the Traditional Chinese Medicine (TCM) theory which believes the body needs help replacing energy and warmth after birth.
- The placenta is rinsed, steamed with herbs, dehydrated, powdered, and put into capsules
- Specific organic healing and balancing herbs are used.
- The wet heat of steaming reduces the hormone count of the tissue, along with reducing bacteria count.
- Research suggested steaming allows more nutrients to become available to the digestive tract.

### II. RAW START METHOD

- Inspired by the rawfood movement is believed to provide a fast 'boost' of energy, and that foods retain the most nutrients with the least amount of cooking/heating. This is a newer practice and is not recommended for women with a history of anxiety, depression or Mental Health issues.
- Major difference is that skips the steaming part entirely.
- Preliminary research shows that capsules prepared with the raw start method retain more hormonal content, but do also contain higher bacterial counts than capsules prepared with the Traditional Method.
- Choosing will required the client to sign a special waiver in their contract stating that they are aware that by choosing Raw Start they have elected that their placenta not be steamed and therefore you cannot insure that there will be no harmful bacteria present in the final product.

## Placenta tinctures

It is made with 80% proof alcohol and the benefits of creating a placenta tincture is that increases the longevity of its benefits. It is also a more potent remedy, and therefore is not recommended for daily use. Finally, when stored properly, a placenta tincture can last several years.

## Placenta Broth

The placenta broth is prepared using the Traditional Method of steaming with medicinal herbs. In China, the broth is reserved and strained following the steaming process and ingested by the client in addition to the encapsulated placenta.

The client may drink it on its own, add it to drinks like teas or smoothies, or add to foods such as soups or chili.

Some parents choose not to ingest it but use it to water a special tree or plant that has been planted for the baby.

## Placenta Art

### PLACENTA PRINTS

An included service offer to placenta clients, which is a beautiful addition to your baby book, nursery, living room, or any décor.

Placenta prints can be a special process to honor the placenta in a more archival way, or even when placenta consumption is not an option (i.e., because of infection, hospital pathology, improper storage, and handling, etc.). This is a one-of-a-kind image of the organ whose sole purpose was to connect you to your child.

Prints are done on watercolor paper, and you can select:

- Placentas Natural Color
- One Color
- Two Colors (+\$3)
- Three+ Colors (\$5)

\*Watercolor paint or food coloring are used separately and never touch the placenta. This is to avoid exposure to any toxins, chemicals, etc. and to preserve intact the nutrients of the client's placenta.

### UMBILICAL CORD KEEPSAKE

Clients may request a cord keepsake (included service). Some parents chose to include them in baby books, keepsake boxes, or for ceremonial burial. For example, the umbilical heart symbolizes the loving bond between mother and child. In certain cultures, it is tradition to bury the cord as a sign to keep the child grounded throughout their life and ensure they always return home.

